

# STOP HARASSMENT!

Nagaoka University of Technology does not condone harassment.

## What is Harassment?

Harassment is “tormenting” or “bullying”. IT means words, deeds or actions that cause disadvantage or discomfort to the other person. It also means damage to a person’s character or dignity, regardless of the intentions of the actor.

# STOP!



## Consultation desk

### University Counseling Room

Mon-Fri 10:00-16:30  
Synthetic Research Bldg., 1<sup>st</sup> floor  
TEL: 0258-47-9934

Email:

[gsoudan@jcom.nagaokaut.ac.jp](mailto:gsoudan@jcom.nagaokaut.ac.jp)

### Physical Education and Health Care Center

Mon-Fri 9:00-17:00  
(Unavailable from 12:00 to 13:00)  
TEL : 0258-47-9824

Email: [hcc@jcom.nagaokaut.ac.jp](mailto:hcc@jcom.nagaokaut.ac.jp)

※We always keep the privacy of those people who come to consult with us.

## Sexual Harassment

### Verbal

Sexual jokes or teasing



### Behavioral

Sending personal emails or making personal phone calls under the guise of business.



### Visual

Placing or posting sexual pictures in plain sight



### Gender Discrimination

e.g. saying that “you are not a real man, because you don’t show courage.”



## KAMADO Shigeharu President, NUT

- Harassment Countermeasures Committee
- Office for Gender Equality

## Alcohol Harassment

### Pressure to drink alcohol

Forcing someone to drink, saying, “you’ll learn to drink with practice.”



## Power Harassment

Physical or mental abuse privately or in front of others



## Academic Harassment

### Abuse of power

Requests unrelated to work



### Mental Abuse/Slander

Unnecessary hectoring.



### Interference with Research Activities

Unfair evaluation.

